

ADDICTION TREATMENT CENTERS

DETOX Local 24/7 Hotline www.detoxlocal.com 866-315-7061
Unity Place Access Center - Comprehensive addiction services for chemical, gambling, Internet, video gaming, food, sex & compulsive spending as well as chronic pain w/addiction. Outpatient counseling and treatment services are available for adults and adolescents.
www.addictionrecov.org 888-311-0321

Help.org A community organization dedicated to empowering people suffering from substance abuse. www.help.org
Family Guidance Centers <https://www.fgcinc.org>
Illinois Drug and Alcohol Rehabs near you
<https://rehabs.org/centers/illinois/>
Illinois Addiction Rehabs near you
<https://addictions.com/rehabs/illinois/>

BENEFITS ACCESS (formerly Circuit Breaker)

Illinois Department on Aging's Benefits Access Program

Seniors Free Transit Ride, Persons with Disabilities Free Transit Ride and Secretary of State License Plate Discount
800-252-2918, 800-206-1327 (TTY) www.cbrx.il.gov

CAREGIVER

Alzheimer's Association. 800-272-3900 www.alz.org/illinois

Caregiver Support Program

Help for the caregiver, caring for older adults. 800-252-8966, 888-206-1327 (TTY) <https://www.caring.com>
Eldercare Locator - Services and programs 1-800-677-1116
www.eldercare.gov

CHILD CARE

Child Care Assistance Program (CCAP)

www.dhs.state.il.us/page.aspx?item=29720

Child Care Assistance Program (Eligibility Calculator)

www.dhs.state.il.us/applications/ChildCareEligCalc/eligcalc.html

Community Child Care Connection (CCCC) 800-676-2805

Child Care Resource and Referral agency www.4childcare.org

Compass for Kids 217-993-4284

Through innovative after-school and summer programs, We provide resources and support to underserved children.
www.compass4kids.org

Safe Families for Children www.safefamilies.org/ 217-953-1141

DISABILITY

Specialized Care for Children <https://dscc.uic.edu/> 800-322-3722

Human Rights Authority (HRA) Investigates rights violations committed against individuals with disabilities by disability providers.

Phone 217/785-1540 <https://gac.illinois.gov/hra.html>

EDUCATION (ADULT)

Federal Reserve Education - Lesson Plans on Various Topics
Federal Reserve System www.federalreserveeducation.org

Federal Deposit Insurance Corp. www.fdic.gov

Money Smart Education Program and Deposit Insurance Calculators

Land of Lincoln Workforce Alliance (WIOA).... 217/524-5996

Funding for Job Training <https://worknet20.org/>

Lincoln Land Comm. College www.llcc.edu/adult-education-literacy
217/786-2349

Lincoln Land Comm. College 217/786-2200 www.llcc.edu

The University of Illinois Cooperative Extension offers continuing education credits. 217-782-4617 <http://web.extension.illinois.edu>

Computer Classes

- Land of Lincoln Goodwill Career Cntr 217/89-0400 www.llgi.org
- Springfield Urban League (217) 789-0830 www.springfieldul.org
- GCF Global (Goodwill Community Foundation, Inc.)

On line help with Microsoft Office products www.gcflearnfree.org

Computer Banc 1545 N 11th 217/528-9506 www.computerbanc.org

ELDER ABUSE

To report suspected abuse, exploitation or neglect of an older adult, 866-800-1409, 1-888-206-1327 (TTY)

Senior Services of Central Illinois (Adult Protective Services)

<https://www.cdc.gov/violenceprevention/elderabuse/>

(217) 528-403 www.agelinc.org

EMPLOYMENT

Land of Lincoln Goodwill Ind Career Cntrs www.llgi.org

Land of Lincoln Workforce Alliance Job search Assistance/

WIOA funding for Job Training (Dislocated Workers OR Low

Income) <https://worknet20.org/> 217/524-5996

Senior Community Service Employment Program

It fosters and promotes part-time community service opportunities.

1-877-US-2JOBS (1-877-872-5627 TTY)

<https://www.dol.gov/agencies/eta/seniors>

FINANCIAL ASSISTANCE

Basic Checking Accounts (65 or older) Illinois banks and savings & loans are required by law to offer basic accounts to 65 and older who request one. Contact the IL Dept. of Fin. & Prof. Regulation, Div. of Banking 217-785-2900, 866-325-4949 (TTY) www.idfpr.com

- Aid to Aged, Blind, and Disabled (AABD) helps those who need money 65 yrs or older, blind, or disabled. A US citizen living in Illinois may be eligible if they receive (SSI) or are ineligible for SSI due to income. www.dhs.state.il.us/page.aspx?item=30370

- Earned Income Tax Credit (EITC) If you qualify, reduce your taxes/get a bigger refund www.dhs.state.il.us/page.aspx?item=29719

- General Assistance (GA) program provides money and limited medical care to US citizens and some non-citizens who do not qualify

For other cash programs. www.dhs.state.il.us/page.aspx?item=30370

- Temporary Assistance for Needy Families (TANF) helps pregnant women and families w/children to pay for food, shelter, utilities, clothing and other expenses for limited time. (Benefits provided on the IL Link Card) www.dhs.state.il.us/page.aspx?item=30358

For TANF apply at www.dhs.state.il.us/page.aspx?item=33698

Credit Counseling & Financial Literacy Classes

- Springfield Urban League (217) 789-0830 www.springfieldul.org

Credit Reporting

- Free annual credit report under the Fair Credit Reporting Act.

www.annualcreditreport.com

*Equifax: 800-685-1111 www.equifax.com

*Experian: 888-297-3742 www.experian.com

*TransUnion: 800-888-4213 www.transunion.com

Estate Planning

- U.S. Financial Literacy & Education Com. www.mymoney.gov

- Money Matters for Older Adults www.ncoa.org

- FAQs, Amer. Bar Assc. www.abanet.org/rppt/public/home.html

- Taking Ownership of the Future, U.S. Financial Literacy and Education Commission www.treasury.gov/resource-center/financial-education/Pages/commission-index.aspx

Identity Theft (Fair Credit Reporting Act)

File an identity theft complaint with the Federal Trade Commission

877-382-4357, 866-653-4261 (TTY)

<https://www.ftc.gov/news-events/topics/identity-theft>

Illinois State Treasurer – Featured Programs www.treasurer.il.gov

Independent Community Bankers of America www.icba.org/

Life Events www.mymoney.gov

Birth or Adoption, College, Loss of a Job, Homeownership

Lifeline and Link-Up

Helps low-income households obtain local telephone services.

Contact local telephone company or visit www.linkupillinois.org

TAX ASSISTANCE PROGRAMS

- Help prepare returns, refund inquires answers to questions about bills and IRS correspondence call the Problems Resolution Office at 800-829-1040 <https://besttaxreliefservices.com/sl11.html>

Illinois Dept of Revenue 800-732-8866, 800-544-5304 (TDD)

- TCE Tax Counseling for the Elderly offers free tax help to individuals age 60 or older. AARP Aide 888-687-2277 www.aarp.org/

- Tax credits available to qualified older adults and their caregivers.

800-829-3676, 800-829-4059 (TTY) www.irs.gov/

Tax Relief and Incentive Programs

- General Homestead, Homestead Improvement, Senior Citizens Homestead, Disabled Persons' and Disabled Veteran's Homestead

Exemptions www.vita.byu.edu/

- Senior Citizens Real Estate Tax Deferral Program 880-732-8866,

800 544-5304 (TTY) or 217-782-3336 www.tax.illinois.gov

FOOD

Earnfare helps adults without dependants receive Food Stamps.

This volunteering program gives opportunity to gain valuable work

experience, earn cash assistance, and become self-sufficient.

www.dhs.state.il.us/page.aspx?item=31772

Emergency Food

Resources include US Department of Agriculture (USDA) commodities

and other donated foods at food pantries across the state. To find a food

pantry, soup kitchen, or homeless shelter in your area, visit

www.illinoisfoodbanks.org

Food Bank Finder

Locate the Feeding America food bank that serves your local

community <http://www.feedingamerica.org/find-your-local-foodbank/>

Food Stamps

Help for low-income people and families to buy food for good health.

800-843-6154, www.dhs.state.il.us/

Nutrition and Wellness

<https://www.isbe.net/Pages/Nutrition-and-Wellness.aspx>

WIC – Women, Infants, and Children Program to help low to middle

income pregnant women, new mothers, and children under 5 years old

buy healthy foods. www.dhs.state.il.us/

GRANDPARENTS RAISING GRANDCHILDREN PROGRAM

Grandparents Raising Grandchildren works to locate assist and

promote awareness of older caregivers who are currently raising their

family's children. 800-252-8966, 888-206-1327. (TTY).

www.dhs.state.il.us/

Mini O'Beirne Crisis Nursery “Emergency child care”

(Birth through age 6) 217-525-6800 www.miniobeirne.org

GUARDIANSHIP

Office of State Guardianship serves as “guardianship of last resort” for

individuals with disabilities when no other persons are available.

866-274-8023, 866-333-3362 (TTY) www.gac.state.il.us

HEALTH CARE

All Kids Complete health insurance for children 18 years of age and

younger. 866-255-5437, 1-877-204-1012 (TTY) www.allkids.com

Comprehensive Health Insurance Program (CHIP)

CHIP Provides access to health insurance coverage to eligible Illinois

residents who are denied major medical coverage due to a pre-existing

condition or disability. 800-962-8384 www.chip.state.il.us

EyeCare America (For medical eye care).....877-887-6327

www.eyecareamerica.org

Family Care Illinois

Health insurance for parents and certain caretaker relatives living with

children 18 or younger. 866-255-5437 www.illinois.gov

HEALTH CARE (Continued)

Health Benefits for Workers with Disabilities (HBWD) Program

IL residents 16 through 64 who have disability and are employed can

purchase med benefits through Health Benefits for Workers with

Disabilities (HBWD) www.hbwdillinois.com

Health Care Bureau

The Health Care Bureau responds to problems related to health care

insurance plans. 877-305-5145, 800-964-3013 (TTY)

www.ag.state.il.us/consumers/healthcare.html

Health Support Products

- Daily Living Aids adapt to assist people with physical disabilities to

perform daily tasks. Call Illinois Assistive Technology Program

217-522-7985, 800-852-5110 (TTY) www.itech.org/

- Durable Medical Equipment provides therapeutic benefits for certain

medical conditions or illnesses. 217-787-9234 www.agelinc.org

HIV/AIDS – sexually transmitted diseases (STD)

- AIDS Drug Assistance Program (ADAP) 800-825-3518

<https://www.helpstopthevirus.com/>

- Illinois Cares Rx AIDS Drug Assistance... Call HIV/AIDS and STD

Hot Line 800-243-2437 <https://www.helpstopthevirus.com/>

- **Home Care Ombudsman Program (HCO)**..... 800-252-8966

<https://www2.illinois.gov/aging/>

HOSPICE

Hospice cares for terminally ill patients to manage pain and other

symptoms but doesn't cure the illness.

<https://www.memorialhomeservices.com/>. 217/788-4663

<https://www.hshshomecarecentralil.org/> 217-525-5641

Safe Haven Hospice Inc. <https://www.safehavenhospice.com/>

Illinois Rx Buying Club <https://www.rxassistantprograms.com>

Helps save an avg of 24% on prescription drugs. 866-215-3463

Medical Assistance

- Apply for state Medical Card and Medical Savings Program.

www.dhs.state.il.us click on “for customers”

- Medicare Part D – Social Security Administration www.ssa.gov

MEDICAID – Spousal Impoverishment

Allows a couple to divide their assets when one spouse needs Medicaid

payment for nursing facility care or Community Care Program

800-252-8966, 888-206-1327 (TTY)

[www.medicaid.gov/medicaid/eligibility/spousal-](http://www.medicaid.gov/medicaid/eligibility/spousal-impoverishment/index.html)

[impoverishment/index.html](http://www.medicaid.gov/medicaid/eligibility/spousal-impoverishment/index.html)

MEDICARE Benefits

For information on Medicare benefits

800-633-4227, 877-486-2048 (TTY) www.medicare.gov

Planned Parenthood

- Program offers counseling and medical assistance.

- Parent Help Line at www.plannedparenthood.org/illinois/

Prescription drug assistance and information

Illinois Benefits will provide answers and guidance to help you decide

which drug benefits are best for your needs. www.illinoisbenefits.org/

Senior Health Assistance Program (SHAP)

This is a directory of agencies, organizations and support groups serving

Illinois seniors and their caregivers. 800-252-8966

<https://www2.illinois.gov/services/AGE/shap>

Senior Health Insurance Program (SHIP)

To locate a site near you, 800-252-8966, 888-206-1327 (TTY)

Illinois Cares Rx provides state prescription drug assistance to people

with and without Medicare. www.illinoiscaresrx.com/

Supplemental Security Programs

- Social Security Disability Income

Benefits paid to workers who cannot work due to illness or impairment.

HEALTH CARE Continued)

- Social Security Retirement Benefits
Benefits based on a person's lifetime earnings.
- Social Security Income (SSI)
SSI is designed to help individuals age 65 or older, blind or disabled, who have little or no income. 800-772-1213 or visit www.ssa.gov

HOUSING

Assisted Living Facilities (ALFs)

Alternatives to nursing homes for older adults who are at risk if living alone but do not require nursing care.

www.idph.state.il.us/healthca/assisted_living_list.htm

Community Care Program

The Community Care Program helps older adults remain in their own homes who might otherwise need nursing home care
800-252-8966, 888-206-1327 (TTY).

<https://www.ccscicare.com/services/individualized-care/community-care-program-2/>

Foreclosure Counseling

Springfield Urban League (217) 789-0830 www.springfieldul.org

Homeless Prevention Program

Helps keep individuals and families in homes, shortens time they spend in shelters, and assists in securing affordable housing.

www.dhs.state.il.us/page.aspx?item=33132

Homeowners

- Homeowners Protection Act - Housing counseling, to qualify for additional 30-day grace period on foreclosure to work out payment plan or refinance options. For counseling agencies contact the IDFP at 888-473-4858 www.idfpr.com/

- Mortgage Relief Project

Program to help lower mortgage payments and avoid foreclosure.

Travels throughout State of Illinois, providing free housing counseling and info to avoid mortgage scams. 800-532-8785 <http://www.idfpr.com>

Homebuyer Education

Springfield Urban League (217) 789-0830 www.springfieldul.org

Home repair

Habitat for Humanity (217) 523-2710 www.habitatsangamon.com

Handicap Ramps for homeowners

Homeowner education/home repair

Home repair fraud:

- The Attorney General investigates consumer fraud and crimes against the elderly; watch out for:
 - *door-to-door sales people
 - *solicitations for repair work from a company providing only a telephone number or Post office box number
 - *sales people or contractors who offer to inspect your home free or ask you to sign a contract with blank spaces 800-243-0618, 877-844-5461 (TTY) www.ag.state.il.us/consumers/index.html

MORTGAGE ASSISTANCE

Illinois Foreclosure Prevention Network 855-533-7411
www.keeppyourhomeillinois.org

Nursing Facilities (SKILLED)

- Nursing home care to individuals needing 24-hr care without being in a hospital. 800-252-8966 (TTY) 888-206-1327 <http://dph.illinois.gov/topics-services/health-care-regulation/nursing-homes>

Nursing Home Complaint

Central Complaint Registry to record and investigate complaints regarding hospitals, nursing facilities, home health agencies, and treatment of patients. 800-252-4343, 800-547-0466 (TTY)

<http://dph.illinois.gov/topics-services/health-care-regulation/complaints>

Residents Rights In Nursing Facilities

Protects advocates, promotes, investigates long term care facilities.
<https://acl.gov/programs/Protecting-Rights-and-Preventing-Abuse/>

Resolve Residents Complaints Made by or on behalf of resident

<https://www.idfpr.com/Admin/Complaints.asp>

Reverse Mortgage (Counselors and Lenders)

For information or to locate a counselor contact the Dept on Aging Senior Help Line at 800-252-8966, 888-206-1327 (TTY)

Or visit the Housing and Urban Development (HUD) Web site:
https://www.hud.gov/program_offices/housing/sfh/hcc/reverse_mortgages1

Senior Housing (subsidized)

Housing /Urban Development <https://www.hud.gov/>

Illinois Housing Development Authority (IHDA) 312-836-5200

312-836-5222 (TTY) www.ihda.org/

Springfield Supportive Living 522-8843 2034 E. Clear Lake Ave

www.springfieldsupportiveliving.com

Supportive Living Facilities www.slfillinois.com

Alternative to nursing home care for low-income older adults and persons with disabilities under Medicaid. 217 524-7245

Supportive Housing Programs

www.dhs.state.il.us/page.aspx?module=12

- Alcohol and substance abuse counseling and mental health programs helping to prevent people from becoming homeless.

ILLINOIS AREA AGENCIES ON AGING

RENTAL ASSISTANCE (Continued)

- AgeLinc Area Agency on Aging for Lincolnland 787-9234
2731 S. MacArthur Blvd. www.agelinc.org

Illinois Dept on Aging serves older adults, their caregivers and grandparents raising grandchildren. 800-252-8966, 888-206-1327 (TTY) <https://www2.illinois.gov/aging/Pages/default.aspx>

ILLINOIS COALITION AGAINST DOMESTIC VIOLENCE

Illinois Coalition against Domestic Violence 217-789-2830

www.ilcadv.org (Referrals Only)

ILLINOIS DEPARTMENT OF HUMAN SERVICES

State's lead agency serves individuals with disabilities.

800-843-6154, 800-447-6404 (TTY)

www.dhs.state.il.us/page.aspx?item=26897

ILLINOIS RELAY SERVICE

Illinois Relay Service allows people who are deaf, hard of hearing or voice impaired and use a teletypewriter (TTY), or who are deaf blind and use a Telebraille, to communicate with people who use a standard phone. For information, 800-841-6167 www.itacty.org

ILLINOIS STATE LIBRARY

Talking Book & Braille Service (TBBS). For those unable to read regular print. Provides free braille & audiobooks & playback equip. 800-426-0709 www.ilbph.org

ILLINOIS RESCUE AND RESTORE COALITION

Rescue and Restore coalition between Illinois Department Human Services (DHS) and federal government to combat labor and sex Trafficking in IL <http://www.dhs.state.il.us/>

LEGAL ASSISTANCE

Represents older adults in civil cases, estate planning and preparation of living wills and durable power of attorney forms. 800-252-8966, 888-206-1327 (TTY) www.state.il.us/

LEGAL SERVICES

ADVANCE DIRECTIVES 800-252-8966, 888-206-1327 (TTY)

- Durable Power of Attorney for Health Care
- Durable Power of Attorney for Property
- Living Will <https://ilaging.illinois.gov/>

LEISURE AND RECREATION

Camping Discount www.roadsscholar.org

Elderhostel not-for-profit offering short-term academic experiences for people over 55. 800-454-5768

LEISURE AND RECREATION ((Continued)

Hunting and Fishing Licenses (Reduced-Rate)

217-782-2965 (Springfield) www.dnr.illinois.gov

National Parks' American the Beautiful Senior Pass

888-275-8747 Ext 3 www.nps.gov

Senior Services of Central Illinois www.centrallseniors.org

MAIL FRAUD

U.S. Postal Inspectors investigate any crime in which the U.S. Mail is used to further a scheme either by mail, telephone or on the Web.

<https://postalinspectors.uspis.gov/>

RAILROAD RETIREMENT

Pension payments for former railroad empls and their surviving spouses . 877-772-5772, 312-751-4701(TTY) <https://rrb.gov/>

SANGAMON COUNTY CHILD ADVOCACY CENTER (CAC)

(Investigation of child sexual and physical abuse) ... (217) 522-2241

HOT LINE..... 800-252-2873

<https://co.sangamon.il.us/departments/a-c/child-advocacy-center>

SANGAMON COUNTY DEPT OF COMMUNITY RESOURCES

Sangamon County Department of Community Resources (SCCR).

SCCR provides human services to Sangamon County residents living at lower social and economic margins. (217) 535-3120.

<http://co.sangamon.il.us/communityresources>

SOCIAL SERVICES RESOURCE HOTLINE

www.referweb.net/Path/ 211 (Just dial 211) Social Services Hotline

SUICIDE PREVENTION

National Youth Suicide Hotline 800-621-4000

Suicide Prevention Svcs. 800-273-8255 www.suicidepreventionlifeline.org

Memorial Behavioral Health Counseling Associates – Suicide &

Crisis Services www.MemorialBehavioralHealth.org

THE THRIFT SHOPPER

Online source for thrift store listings. Locate stores in your area.

www.TheThriftShopper.Com

TRANSPORTATION

Angel Flight Central Arranges free flights for people all ages in need throughout the Midwest. 866-569-9464. www.angelflightcentral.org

Driver Safety Information – Free Rules of the Road Review course.

For a schedule call 217-528-4035, 888-261-5238 (TTY)

www.cyberdriveillinois.com

Life Line Pilots (Free Flights in Midwest for Medical Needs)

www.lifelinepilots.org 800-822-7972

Medical Transportation and Escort www.aginglinc.org

People with Disabilities Ride Free <https://www2.illinois.gov/aging/BenefitsAccess/Pages/Ride-Free-Transit-Benefit.aspx>

Reduced Bus Fairs and Discounts www.aginglinc.org

Refresher course for over 50 www.aarp.org/families/driver_safety

Seniors Ride Free 8800-252-8966 888-206-1327

Senior Services of Central Illinois (Senior Transport) (217) 528-4035

www.centralill.seniors.org/transportation.htm

VETERANS CARE PROGRAM

Provides comprehensive, affordable healthcare to Illinois uninsured veterans age 19 through 64. 877-483-8779, 217-524-4645 (TTY)

www.illinoisveteranscare.com

VETERANS, WOMEN, SENIORS AND DISABLED

Health Benefits for Workers with Disabilities

Working individuals with a disability pay a low monthly premium and receive full medical benefits. 800-226-0768 www.hbwdillinois.com

Illinois Assistive Technology Program promotes independent living through technology for people with disabilities. Offers low cost loans to purchase devices, a demo center to try devices, device loans, device reutilization and evaluation and trning. 217-522-7985. www.iltech.org

VETERANS, WOMEN, SENIORS AND DISABLED (Cont.)

Illinois Breast /Cervical Cancer Prgm free mammograms, breast exams, pelvic exams/Pap tests, with treatment to all uninsured IL women 35-64 regardless of income. 888-522-1282 www.cancerscreening.illinois.gov

Illinois Warrior Assistance Program. Assistance to Illinois Veterans as they transition back to their lives after serving our country.
866-554-4927 Illinois.gov

VOLUNTEER PROGRAMS

APL Animal Protective League (Looking for volunteers at 1001 Taintor Rd for APL.) 217-544-7387 www.apl.shelter.org

Foster Grandparent Program (FGP) Senior volunteers link up with disadvantaged youngsters. <https://onehopeunited.org/foster-grandparent-program>

Get Connected Volunteer Opportunities – United Way of Illinois

<http://volunteer.springfieldunitedway.org/>

Illinois Long-Term Care Ombudsman Volunteer

The program seeks volunteers to visit long-term care facilities to help residents resolve complaints. 800-252-8966, 888-206-1327 (TTY)

<https://ltombudsman.org/about/about-ombudsman>

OTHER RESOURCES

Faith Coalition for Common Good 2208 E Kansas 217-544-2297
fccg2208@gmail.com

Get Connected Volunteer Opportunities – United Way of Illinois
<http://volunteer.springfieldunitedway.org/>

Grounds of Grace (Human trafficking).....314-472-5942

Services in human trafficking that include programs, training, education, awareness and survivor services.

www.groundsofgrace.com

Sangamon County Department of Public Health www.scdph.org
2833 South Grand Avenue East (217) 535-3100

WEBSITE DIRECTORY FOR SANGAMON COUNTY



SANGAMON COUNTY DEPARTMENT OF COMMUNITY RESOURCES

**2833 South Grand Avenue East C100
SPRINGFIELD, IL 62703**

PHONE: 217-535-3120 FAX: 217-535-3119

<http://co.sangamon.il.us/communityresources>

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