

## ADDICTION TREATMENT CENTERS

**DETOX Local 24/7 Hotline** [www.detoxlocal.com](http://www.detoxlocal.com) 866-315-7061  
**Unity Place Access Center** - Comprehensive addiction services for chemical, gambling, Internet, video gaming, food, sex & compulsive spending as well as chronic pain w/addiction. Outpatient counseling and treatment services are available for adults and adolescents.  
[www.addictionrecov.org](http://www.addictionrecov.org) 888-311-0321

**Help.org** A community organization dedicated to empowering people suffering from substance abuse. [www.help.org](http://www.help.org)

**Family Guidance Centers** <https://www.fgcinc.org>

**Illinois Drug and Alcohol Rehabs near you**

<https://rehabs.org/centers/illinois/>

**Illinois Rehabs near you** [https://addictions.com/rehabs/illinois/BENEFITS ACCESS \(formerly Circuit Breaker\)](https://addictions.com/rehabs/illinois/BENEFITS ACCESS (formerly Circuit Breaker))

**Illinois Department on Aging's Benefits Access Program**

Seniors Free Transit Ride, Persons with Disabilities Free Transit Ride and Secretary of State License Plate Discount  
800-252-8966, 800-206-1327 (TTY) [www.cbrx.il.gov](http://www.cbrx.il.gov)

### CAREGIVER

**Alzheimer's Association.** 800-272-3900 [www.alz.org/illinois](http://www.alz.org/illinois)

**Caregiver Support Program**

Help for the caregiver, caring for older adults. 800-252-8966,

888-206-1327 (TTY) <https://www.caring.com>

Eldercare Locator - Services and programs 1-800-677-1116

[www.eldercare.gov](http://www.eldercare.gov)

Senior Services of Central IL (217-528-4035) [www.centralilseniors.org](http://www.centralilseniors.org)

### CHILD CARE

**Child Care Assistance Program (CCAP)**

[www.dhs.state.il.us/page.aspx?item=29720](http://www.dhs.state.il.us/page.aspx?item=29720)

**Child Care Assistance Program (Eligibility Calculator)**

[www.dhs.state.il.us/applications/ChildCareEligCalc/eligcalc.html](http://www.dhs.state.il.us/applications/ChildCareEligCalc/eligcalc.html)

**Community Child Care Connection (CCCC)** 800-676-2805

Child Care Resource and Referral agency [www.4childcare.org](http://www.4childcare.org)

**Compass for Kids** 217-993-4284

Through innovative after-school and summer programs, We provide resources and support to underserved children.

[www.compass4kids.org](http://www.compass4kids.org)

**Safe Families for Children** [www.safefamilies.org/](http://www.safefamilies.org/) 217-953-1141

### DISABILITY

**Specialized Care for Children** <https://dscc.uic.edu/> 800-322-3722

**Human Rights Authority (HRA)** Investigates rights violations committed against individuals with disabilities by disability providers.

Phone 217/785-1540 <https://gac.illinois.gov/hra.html>

### EDUCATION (ADULT)

**Federal Reserve Education** - Lesson Plans on Various Topics  
Federal Reserve System [www.federalreserveeducation.org](http://www.federalreserveeducation.org)

**Federal Deposit Insurance Corp.** [www.fdic.gov](http://www.fdic.gov)

Money Smart Education Program and Deposit Insurance Calculators

**Land of Lincoln Workforce Alliance (WIOA)**.... 217/524-5996

Funding for Job Training <https://worknet20.org/>

**Lincoln Land Comm. College** [www.llcc.edu/adult-education-literacy](http://www.llcc.edu/adult-education-literacy)  
217/786-2349

**Lincoln Land Comm. College** 217/786-2200 [www.llcc.edu](http://www.llcc.edu)

**The University of Illinois Cooperative Extension** offers continuing education credits. 217-782-4617 <http://web.extension.illinois.edu>

**Computer Classes**

• Land of Lincoln Goodwill Career Cntr 217/89-0400 [www.llgi.org](http://www.llgi.org)

• Springfield Urban League (217) 789-0830 [www.springfieldul.org](http://www.springfieldul.org)

• GCF Global (Goodwill Community Foundation, Inc.)

• On line help with Microsoft Office products [www.gcflearnfree.org](http://www.gcflearnfree.org)

**Computer Banc** 1545 N 11<sup>th</sup> 217/528-9506 [www.computerbanc.org](http://www.computerbanc.org)

## ELDER ABUSE

To report suspected abuse, exploitation or neglect of an older adult, 866-800-1409, 1-888-206-1327 (TTY)

**Senior Services of Central Illinois**.....217-528-4035  
(Adult Protective Services) [www.centralilseniors.org](http://www.centralilseniors.org)  
<https://ilaging.illinois.gov/protectionadvocacy/abuse.html>.

### EMPLOYMENT

**Land of Lincoln Goodwill Ind Career Cntrs** [www.llgi.org](http://www.llgi.org)

**Land of Lincoln Workforce Alliance** Job search Assistance/

WIOA funding for Job Training (Dislocated Workers OR Low

Income) <https://worknet20.org/> 217/524-5996

**Senior Community Service Employment Program**

It fosters and promotes part-time community service opportunities.

1-877-US-2JOBS (1-877-872-5627 TTY)

<https://www.dol.gov/agencies/eta/seniors>

### FINANCIAL ASSISTANCE

**Basic Checking Accounts (65 or older)** Illinois banks and savings & loans are required by law to offer basic accounts to 65 and older who request one. Contact the IL Dept. of Fin. & Prof. Regulation, Div. of Banking 217-785-2900, 866-325-4949 (TTY) [www.idfpr.com](http://www.idfpr.com)

• Aid to Aged, Blind, and Disabled (AABD) helps those who need money 65 yrs or older, blind, or disabled. A US citizen living in Illinois may be eligible if they receive (SSI) or are ineligible for SSI due to income. [www.dhs.state.il.us/page.aspx?item=30370](http://www.dhs.state.il.us/page.aspx?item=30370)

• Earned Income Tax Credit (EITC) If you qualify, reduce your taxes/get a bigger refund [www.dhs.state.il.us/page.aspx?item=29719](http://www.dhs.state.il.us/page.aspx?item=29719)

• General Assistance (GA) program provides money and limited medical care to US citizens and some non-citizens who do not qualify For other cash programs. [www.dhs.state.il.us/page.aspx?](http://www.dhs.state.il.us/page.aspx?)

• Temporary Assistance for Needy Families (TANF) helps pregnant women and families w/children to pay for food, shelter, utilities, clothing and other expenses for limited time. (Benefits provided on the IL Link Card) [www.dhs.state.il.us/page.aspx?item=30358](http://www.dhs.state.il.us/page.aspx?item=30358)

For TANF apply at [www.dhs.state.il.us/page.aspx?item=33698](http://www.dhs.state.il.us/page.aspx?item=33698)

**Credit Counseling & Financial Literacy Classes**

• Springfield Urban League (217) 789-0830 [www.springfieldul.org](http://www.springfieldul.org)

**Credit Reporting**

• Free annual credit report under the Fair Credit Reporting Act.

[www.annualcreditreport.com](http://www.annualcreditreport.com)

\*Equifax: 800-685-1111 [www.equifax.com](http://www.equifax.com)

\*Experian: 888-297-3742 [www.experian.com](http://www.experian.com)

\*TransUnion: 800-888-4213 [www.transunion.com](http://www.transunion.com)

**Estate Planning**

• U.S. Financial Literacy & Education Com. [www.mymoney.gov](http://www.mymoney.gov)

• Money Matters for Older Adults [www.ncoa.org](http://www.ncoa.org)

• FAQs, Amer. Bar Assc. [www.abanet.org/rppt/public/home.html](http://www.abanet.org/rppt/public/home.html)

• Taking Ownership of the Future, U.S. Financial Literacy and

Education Commission [www.treasury.gov/resource-center/financial-](http://www.treasury.gov/resource-center/financial-education/Pages/commission-index.aspx)

[education/Pages/commission-index.aspx](http://www.treasury.gov/resource-center/financial-education/Pages/commission-index.aspx)

**Identity Theft (Fair Credit Reporting Act)**

File an identity theft complaint with the Federal Trade Commission

877-382-4357, 866-653-4261 (TTY)

<https://www.ftc.gov/news-events/topics/identity-theft>

**Illinois State Treasurer** – Featured Programs [www.treasurer.il.gov](http://www.treasurer.il.gov)

**Independent Community Bankers of America** [www.icba.org](http://www.icba.org)

**Life Events** [www.mymoney.gov](http://www.mymoney.gov)

Birth or Adoption, College, Loss of a Job, Homeownership

**Lifeline and Link-Up**

Helps low-income households obtain local telephone services.

Contact local telephone company or visit [www.linkupillinois.org](http://www.linkupillinois.org)

## TAX ASSISTANCE PROGRAMS

• Help prepare returns, refund inquires answers to questions about bills and IRS correspondence call the Problems Resolution Office at 800-829-1040 <https://besttaxreliefservices.com/sll1.html>

Illinois Dept of Revenue 800-732-8866, 800-544-5304 (TDD)

• TCE Tax Counseling for the Elderly offers free tax help to individuals age 60 or older. AARP Aide 888-687-2277 [www.aarp.org/](http://www.aarp.org/)

• Tax credits available to qualified older adults and their caregivers. 800-829-3676, 800-829-4059 (TTY) [www.irs.gov/](http://www.irs.gov/)

**Tax Relief and Incentive Programs**

• General Homestead, Homestead Improvement, Senior Citizens Homestead, Disabled Persons' and Disabled Veteran's Homestead

Exemptions [www.vita.byu.edu/](http://www.vita.byu.edu/)

• Senior Citizens Real Estate Tax Deferral Program 880-732-8866,

800 544-5304 (TTY) or 217-782-3336 [www.tax.illinois.gov](http://www.tax.illinois.gov)

### FOOD

**Earnfare** helps adults without dependants receive Food Stamps.

This volunteering program gives opportunity to gain valuable work experience, earn cash assistance, and become self-sufficient.

[www.dhs.state.il.us/page.aspx?item=31772](http://www.dhs.state.il.us/page.aspx?item=31772)

**Emergency Food**

Resources include US Department of Agriculture (USDA) commodities and other donated foods at food pantries across the state. To find a food pantry, soup kitchen, or homeless shelter in your area, visit

[www.illinoisfoodbanks.org](http://www.illinoisfoodbanks.org)

**Food Bank Finder**

Locate the Feeding America food bank that serves your local community <http://www.feedingamerica.org/find-your-local-foodbank/>

**Food Stamps**

Help for low-income people and families to buy food for good health.

800-843-6154, [www.dhs.state.il.us/](http://www.dhs.state.il.us/)

**Nutrition and Wellness**

<https://www.isbe.net/Pages/Nutrition-and-Wellness.aspx>

**Senior Services of Central Illinois** ..... 217-528-4035

[www.centralilseniors.org](http://www.centralilseniors.org)

**WIC** – Women, Infants, and Children Program to help low to middle income pregnant women, new mothers, and children under 5 years old buy healthy foods. [www.dhs.state.il.us/](http://www.dhs.state.il.us/)

**GRANDPARENTS RAISING GRANDCHILDREN PROGRAM**

**Grandparents Raising Grandchildren** works to locate assist and promote awareness of older caregivers who are currently raising their family's children. 800-252-8966, 888-206-1327. (TTY).

[www.dhs.state.il.us/](http://www.dhs.state.il.us/)

**Mini O'Beirne Crisis Nursery** “Emergency child care”

(Birth through age 6) 217-525-6800 [www.miniobeirne.org](http://www.miniobeirne.org)

### GUARDIANSHIP

**Office of State Guardianship** serves as “guardianship of last resort” for individuals with disabilities when no other persons are available.

866-274-8023, 866-333-3362 (TTY) [www.gac.state.il.us](http://www.gac.state.il.us)

### HEALTH CARE

**All Kids** Complete health insurance for children 18 years of age and younger. 866-255-5437, 1-877-204-1012 (TTY) [www.allkids.com](http://www.allkids.com)

**Comprehensive Health Insurance Program (CHIP)**

CHIP Provides access to health insurance coverage to eligible Illinois residents who are denied major medical coverage due to a pre-existing condition or disability. 800-962-8384 [www.chip.state.il.us](http://www.chip.state.il.us)

**EyeCare America** (For medical eye care).....877-887-6327

[www.eyecareamerica.org](http://www.eyecareamerica.org)

**Family Care Illinois**

Health insurance for parents and certain caretaker relatives living with children 18 or younger. 866-255-5437 [www.illinois.gov](http://www.illinois.gov)

## HEALTH CARE (Continued)

**Health Benefits for Workers with Disabilities (HBWD) Program**

IL residents 16 through 64 who have disability and are employed can purchase med benefits through Health Benefits for Workers with Disabilities (HBWD) [www.hbwdillinois.com](http://www.hbwdillinois.com)

**Health Care Bureau**

The Health Care Bureau responds to problems related to health care insurance plans. 877-305-5145, 800-964-3013 (TTY)

[www.ag.state.il.us/consumers/healthcare.html](http://www.ag.state.il.us/consumers/healthcare.html)

**Health Support Products**

• Daily Living Aids adapt to assist people with physical disabilities to perform daily tasks. Call Illinois Assistive Technology Program

217-522-7985, 800-852-5110 (TTY) [www.itech.org/](http://www.itech.org/)

• Durable Medical Equipment provides therapeutic benefits for certain medical conditions or illnesses. 217-787-9234 [www.agelinc.org](http://www.agelinc.org)

**HIV/AIDS – sexually transmitted diseases (STD)**

• AIDS Drug Assistance Program (ADAP) 800-825-3518

<https://www.helpstopthevirus.com/>

• Illinois Cares Rx AIDS Drug Assistance... Call HIV/AIDS and STD Hot Line 800-243-2437 <https://www.helpstopthevirus.com/>

• **Home Care Ombudsman Program (HCO)**..... 800-252-8966 <https://www2.illinois.gov/aging/>

**HOSPICE**

Hospice cares for terminally ill patients to manage pain and other symptoms but doesn't cure the illness.

<https://www.memorialhomeservices.com/>. 217/788-4663

<https://www.hshshomecarecentralil.org>: 217-525-5641

**Safe Haven Hospice Inc.** <https://www.safehavenhospice.com/>

**Illinois Rx Buying Club** <https://www.rxassistantprograms.com>

Helps save an avg of 24% on prescription drugs. 866-215-3463

**Medical Assistance**

• Apply for state Medical Card and Medical Savings Program.

[www.dhs.state.il.us](http://www.dhs.state.il.us) click on “for customers”

• Medicare Part D – Social Security Administration [www.ssa.gov](http://www.ssa.gov)

**MEDICAID – Spousal Impoverishment**

Allows a couple to divide their assets when one spouse needs Medicaid payment for nursing facility care or Community Care Program

800-252-8966, 888-206-1327 (TTY)

[www.medicaid.gov/medicaid/eligibility/spousal-](http://www.medicaid.gov/medicaid/eligibility/spousal-impoverishment/index.html)

[impoverishment/index.html](http://www.medicaid.gov/medicaid/eligibility/spousal-impoverishment/index.html)

**MEDICARE Benefits**

For information on Medicare benefits

800-633-4227, 877-486-2048 (TTY) [www.medicare.gov](http://www.medicare.gov)

**Planned Parenthood**

• Program offers counseling and medical assistance.

• Parent Help Line at [www.plannedparenthood.org/illinois/](http://www.plannedparenthood.org/illinois/)

**Prescription drug assistance and information**

Illinois Benefits will provide answers and guidance to help you decide which drug benefits are best for your needs. [www.illinoisbenefits.org/](http://www.illinoisbenefits.org/)

**Senior Health Assistance Program (SHAP)**

This is a directory of agencies, organizations and support groups serving Illinois seniors and their caregivers. 800-252-8966

<https://www2.illinois.gov/services/AGE/shap>

**Senior Health Insurance Program (SHIP)**

To locate a site near you, 800-252-8966, 888-206-1327 (TTY)

Illinois Cares Rx provides state prescription drug assistance to people with and without Medicare. [www.illinoiscaresrx.com/](http://www.illinoiscaresrx.com/)

**Supplemental Security Programs**

• Social Security Disability Income Benefits paid to workers who cannot work due to illness or impairment.

### HEALTH CARE Continued)

- Social Security Retirement Benefits  
Benefits based on a person's lifetime earnings.
- Social Security Income (SSI)  
SSI is designed to help individuals age 65 or older, blind or disabled, who have little or no income. 800-772-1213 or visit [www.ssa.gov](http://www.ssa.gov)

### HOUSING

#### **Assisted Living Facilities (ALFs)**

Alternatives to nursing homes for older adults who are at risk if living alone but do not require nursing care.

[www.idph.state.il.us/healthca/assisted\\_living\\_list.htm](http://www.idph.state.il.us/healthca/assisted_living_list.htm)

#### **Community Care Program**

The Community Care Program helps older adults remain in their own homes who might otherwise need nursing home care 800-252-8966, 888-206-1327 (TTY).

<https://www.ccscicare.com/services/individualized-care/community-care-program-2/>

#### **Foreclosure Counseling**

Springfield Urban League (217) 789-0830 [www.springfieldul.org](http://www.springfieldul.org)

#### **Homeless Prevention Program**

Helps keep individuals and families in homes, shortens time they spend in shelters, and assists in securing affordable housing.

[www.dhs.state.il.us/page.aspx?item=33132](http://www.dhs.state.il.us/page.aspx?item=33132)

#### **Homeowners**

- Homeowners Protection Act - Housing counseling, to qualify for additional 30-day grace period on foreclosure to work out payment plan or refinance options. For counseling agencies contact the IDFP at 888-473-4858 [www.idfpr.com/](http://www.idfpr.com/)

- Mortgage Relief Project

Program to help lower mortgage payments and avoid foreclosure.

Travels throughout State of Illinois, providing free housing counseling and info to avoid mortgage scams. 800-532-8785 <http://www.idfpr.com>

#### **Homebuyer Education**

Springfield Urban League (217) 789-0830 [www.springfieldul.org](http://www.springfieldul.org)

#### **Home repair**

**Habitat for Humanity** (217) 523-2710 [www.habitatsangamon.com](http://www.habitatsangamon.com)

- **Handicap Ramps for homeowners**
- **Homeowner education/home repair**

#### **Home repair fraud:**

- The Attorney General investigates consumer fraud and crimes against the elderly; watch out for:
  - \*door-to-door sales people
  - \*solicitations for repair work from a company providing only a telephone number or Post office box number
  - \*sales people or contractors who offer to inspect your home free or ask you to sign a contract with blank spaces 800-243-0618, 877-844-5461 (TTY) [www.ag.state.il.us/consumers/index.html](http://www.ag.state.il.us/consumers/index.html)

### MORTGAGE ASSISTANCE

**Illinois Foreclosure Prevention Network** 855-533-7411  
[www.KeepYourHomeIllinois.org](http://www.KeepYourHomeIllinois.org)

#### **Nursing Facilities (SKILLED)**

- Nursing home care to individuals needing 24-hr care without being in a hospital. 800-252-8966 (TTY) 888-206-1327 <http://dph.illinois.gov/topics-services/health-care-regulation/nursing-homes>

#### **Nursing Home Complaint**

Central Complaint Registry to record and investigate complaints regarding hospitals, nursing facilities, home health agencies, and treatment of patients. 800-252-4343, 800-547-0466 (TTY)

<http://dph.illinois.gov/topics-services/health-care-regulation/complaints>

#### **Residents Rights In Nursing Facilities**

Protects advocates, promotes, investigates long term care facilities. <https://acl.gov/programs/Protecting-Rights-and-Preventing-Abuse/>

### MORTGAGE ASSISTANCE (Continued)

#### **Resolve Residents Complaints** Made by or on behalf of resident

<https://www.idfpr.com/Admin/Complaints.asp>

#### **Reverse Mortgage (Counselors and Lenders)**

For information or to locate a counselor contact the Dept on Aging Senior Help Line at 800-252-8966, 888-206-1327 (TTY)

Or visit the Housing and Urban Development (HUD) Web site: [https://www.hud.gov/program\\_offices/housing/sfh/hcc/reverse\\_mortgages1](https://www.hud.gov/program_offices/housing/sfh/hcc/reverse_mortgages1)

#### **Senior Housing (subsidized)**

Housing /Urban Development <https://www.hud.gov/>

Illinois Housing Development Authority (IHDA) 312-836-5200

312-836-5222 (TTY) [www.ihda.org/](http://www.ihda.org/)

**Springfield Supportive Living** 522-8843 2034 E. Clear Lake Ave

[www.springfieldsupportiveliving.com](http://www.springfieldsupportiveliving.com)

**Supportive Living Facilities** [www.slfillinois.com](http://www.slfillinois.com)

Alternative to nursing home care for low-income older adults and persons with disabilities under Medicaid. 217 524-7245

#### **Supportive Housing Programs**

[www.dhs.state.il.us/page.aspx?module=12](http://www.dhs.state.il.us/page.aspx?module=12)

- Alcohol and substance abuse counseling and mental health programs helping to prevent people from becoming homeless.

### ILLINOIS AREA AGENCIES ON AGING

#### RENTAL ASSISTANCE (Continued)

- AgeLinc Area Agency on Aging for Lincolnland 787-9234  
2731 S. MacArthur Blvd. [www.agelinc.org](http://www.agelinc.org)

**Illinois Dept on Aging** serves older adults, their caregivers and grandparents raising grandchildren. 800-252-8966, 888-206-1327 (TTY) <https://www2.illinois.gov/aging/Pages/default.aspx>

### ILLINOIS COALITION AGAINST DOMESTIC VIOLENCE

Illinois Coalition against Domestic Violence 217-789-2830

[www.ilcadv.org](http://www.ilcadv.org) (Referrals Only)

### ILLINOIS DEPARTMENT OF HUMAN SERVICES

State's lead agency serves individuals with disabilities.

800-843-6154, 800-447-6404 (TTY)

[www.dhs.state.il.us/page.aspx?item=26897](http://www.dhs.state.il.us/page.aspx?item=26897)

### ILLINOIS RELAY SERVICE

**Illinois Relay Service** allows people who are deaf, hard of hearing or voice impaired and use a teletypewriter (TTY), or who are deaf blind and use a Telebraille, to communicate with people who use a standard phone. For information, 800-841-6167 [www.itactty.org](http://www.itactty.org)

### ILLINOIS STATE LIBRARY

**Talking Book & Braille Service (TBBS).** For those unable to read regular print. Provides free braille & audiobooks & playback equip. 800-426-0709 [www.ilbph.org](http://www.ilbph.org)

### ILLINOIS RESCUE AND RESTORE COALITION

Rescue and Restore coalition between Illinois Department Human Services (DHS) and federal government to combat labor and sex Trafficking in IL <http://www.dhs.state.il.us/>

### LEGAL ASSISTANCE

Represents older adults in civil cases, estate planning and preparation of living wills and durable power of attorney forms. 800-252-8966, 888-206-1327 (TTY) [www.state.il.us/](http://www.state.il.us/)

### LEGAL SERVICES

**ADVANCE DIRECTIVES** 800-252-8966, 888-206-1327 (TTY)

- Durable Power of Attorney for Health Care
- Durable Power of Attorney for Property
- Living Will <https://ilaging.illinois.gov/>

### LEISURE AND RECREATION

**Camping Discount** [www.roadscholar.org](http://www.roadscholar.org)

**Elderhostel** not-for-profit offering short-term academic experiences for people over 55. 800-454-5768

### LEISURE AND RECREATION ((Continued)

#### **Hunting and Fishing Licenses** (Reduced-Rate)

217-782-2965 (Springfield) [www.dnr.illinois.gov](http://www.dnr.illinois.gov)

#### **National Parks' American the Beautiful Senior Pass**

888-275-8747 Ext 3 [www.nps.gov](http://www.nps.gov)

#### **Senior Services of Central Illinois** [www.centrallseniors.org](http://www.centrallseniors.org)

### MAIL FRAUD

U.S. Postal Inspectors investigate any crime in which the U.S. Mail is used to further a scheme either by mail, telephone or on the Web.

<https://postalinspectors.uspis.gov/>

### RAILROAD RETIREMENT

Pension payments for former railroad empls and their surviving spouses . 877-772-5772, 312-751-4701(TTY) <https://rrb.gov/>

### SANGAMON COUNTY CHILD ADVOCACY CENTER (CAC)

(Investigation of child sexual and physical abuse) ... (217).522-2241

**HOT LINE**.....800-252-2873

<https://co.sangamon.il.us/departments/a-c/child-advocacy-center>

### SANGAMON COUNTY DEPT OF COMMUNITY RESOURCES

Sangamon County Department of Community Resources (SCCR). SCCR provides human services to Sangamon County residents living at lower social and economic margins. (217) 535-3120.

<http://co.sangamon.il.us/communityresources>

### SOCIAL SERVICES RESOURCE HOTLINE

[www.referweb.net/Path/](http://www.referweb.net/Path/) 211 (Just dial 211) Social Services Hotline

### SUICIDE PREVENTION

- Illinois Warm Line 866-359-7953
- Memorial Mobile Crisis Response..... 217-788-7070
- National Suicide Prevention Lifeline 988 (Just dial 988)  
Suicide and Crisis Lifeline [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

### THE THRIFT SHOPPER

Online source for thrift store listings. Locate stores in your area. [www.TheThriftShopper.Com](http://www.TheThriftShopper.Com)

### TRANSPORTATION

**Angel Flight Central** Arranges free flights for people all ages in need throughout the Midwest. 866-569-9464. [www.angelflightcentral.org](http://www.angelflightcentral.org)

Driver Safety Information – Free Rules of the Road Review course.

For a schedule call 217-528-4035, 888-261-5238 (TTY)

[www.cyberdriveillinois.com](http://www.cyberdriveillinois.com)

Life Line Pilots (Free Flights in Midwest for Medical Needs)

[www.lifelinepilots.org](http://www.lifelinepilots.org) 800-822-7972

Medical Transportation and Escort [www.aginglinc.org](http://www.aginglinc.org)

People with Disabilities Ride Free <https://www2.illinois.gov/aging/BenefitsAccess/Pages/Ride-Free-Transit-Benefit.aspx>

Reduced Bus Fairs and Discounts [www.aginglinc.org](http://www.aginglinc.org)

Refresher course for over 50 [www.aarp.org/families/driver\\_safety](http://www.aarp.org/families/driver_safety)

Seniors Ride Free 8800-252-8966 888-206-1327

Senior Services of Central Illinois (Senior Transport) (217) 528-4035

[www.centrallILseniors.org](http://www.centrallILseniors.org).

### VETERANS CARE PROGRAM

Provides comprehensive, affordable healthcare to Illinois uninsured veterans age 19 through 64. 877-483-8779, 217-524-4645 (TTY)

[www.illinoisveteranscare.com](http://www.illinoisveteranscare.com)

### VETERANS, WOMEN, SENIORS AND DISABLED

#### **Health Benefits for Workers with Disabilities**

Working individuals with a disability pay a low monthly premium and receive full medical benefits. 800-226-0768 [www.hbwdillinois.com](http://www.hbwdillinois.com)

**Illinois Assistive Technology Program** promotes independent living through technology for people with disabilities. Offers low cost loans to purchase devices, a demo center to try devices, device loans, device reutilization and evaluation and training. 217-522-7985. [www.iltech.org](http://www.iltech.org)

### VETERANS, WOMEN, SENIORS AND DISABLED (Cont)

**Illinois Breast /Cervical Cancer Prgm** free mammograms, breast exams, pelvic exams/Pap tests, with treatment to all uninsured IL women 35-64 regardless of income. 888-522-1282 [www.cancerscreening.illinois.gov](http://www.cancerscreening.illinois.gov)

**Illinois Warrior Assistance Program.** Assistance to Illinois Veterans as they transition back to their lives after serving our country. 866-554-4927 [Illinois.gov](http://Illinois.gov)

### VOLUNTEER PROGRAMS

**APL Animal Protective League** (Looking for volunteers at 1001 Taintor Rd for APL.) 217-544-7387 [www.aplshelter.org](http://www.aplshelter.org)

**Foster Grandparent Program (FGP)** Senior volunteers link up with disadvantaged youngsters. <https://onehopeunited.org/foster-grandparent-program>

**Get Connected Volunteer Opportunities – United Way of Central Illinois** <https://volunteer.uwcoil.org>

**Illinois Long-Term Care Ombudsman Volunteer**

The program seeks volunteers to visit long-term care facilities to help residents resolve complaints. 800-252-8966, 888-206-1327 (TTY)

<https://ltombudsman.org/about/about-ombudsman>

### OTHER RESOURCES

**Faith Coalition for Common Good** 2208 E Kansas 217-544-2297 [fccg2208@gmail.com](mailto:fccg2208@gmail.com)

**Get Connected Volunteer Opportunities – United Way of Illinois** <https://volunteer.uwcoil.org>

**Grounds of Grace** (Human trafficking).....314-472-5942  
Services in human trafficking that include programs, training, education, awareness and survivor services.

[www.groundsofgrace.com](http://www.groundsofgrace.com)

**Sangamon County Department of Public Health** [www.scdph.org](http://www.scdph.org)  
2833 South Grand Avenue East (217) 535-3100

## WEBSITE DIRECTORY FOR SANGAMON COUNTY



**SANGAMON COUNTY DEPARTMENT OF  
COMMUNITY RESOURCES**

**2833 South Grand Avenue East C100  
SPRINGFIELD, IL 62703**

**PHONE: 217-535-3120 FAX: 217-535-3119**  
<http://co.sangamon.il.us/communityresources>

**JUNE 2024**